

*Kentucky School of Alcohol and Drug
Studies*

Presents

*The History and Future of
Addictions Treatment in America*

Presenter

Mark Sanders, LCSW, CADC

The Alcoholic Republic

"Americans drank more alcohol per capita, the first 40 years after the signing of The Declaration of Independence than anytime in our nations history."

Rationale

- *The British had all the tea*
- *Water was impure*
- *Milk spoiled easily*







Trauma



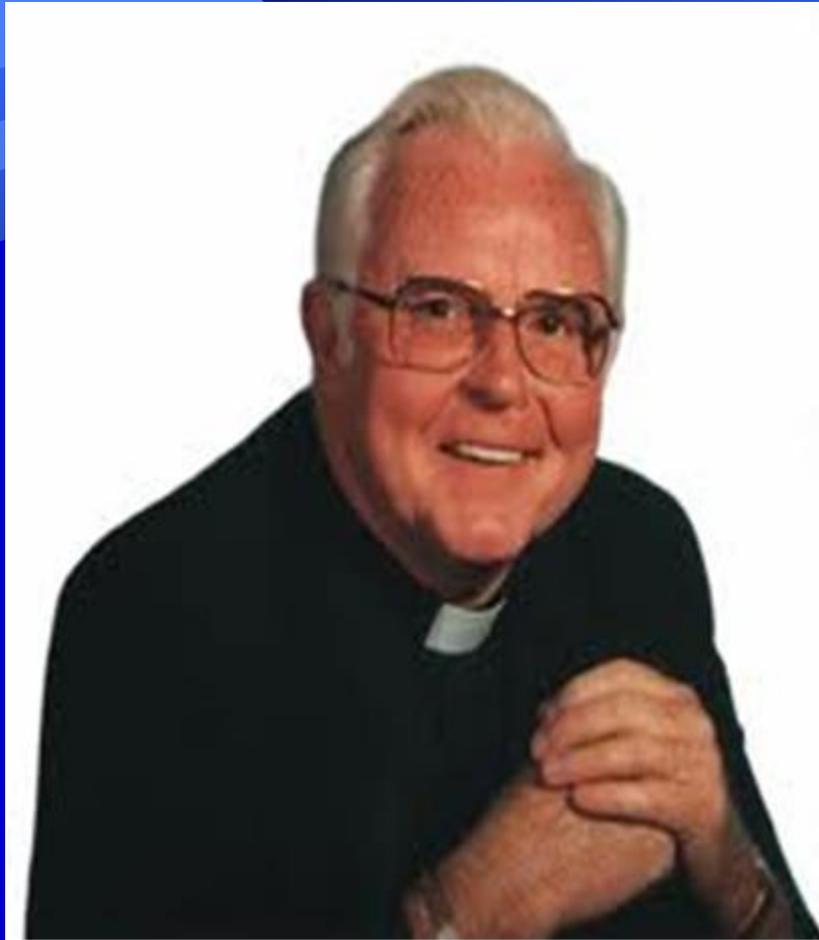
Dr. Bob and Bill W.

Minnesota Model

1950's – 1985

Hazelden

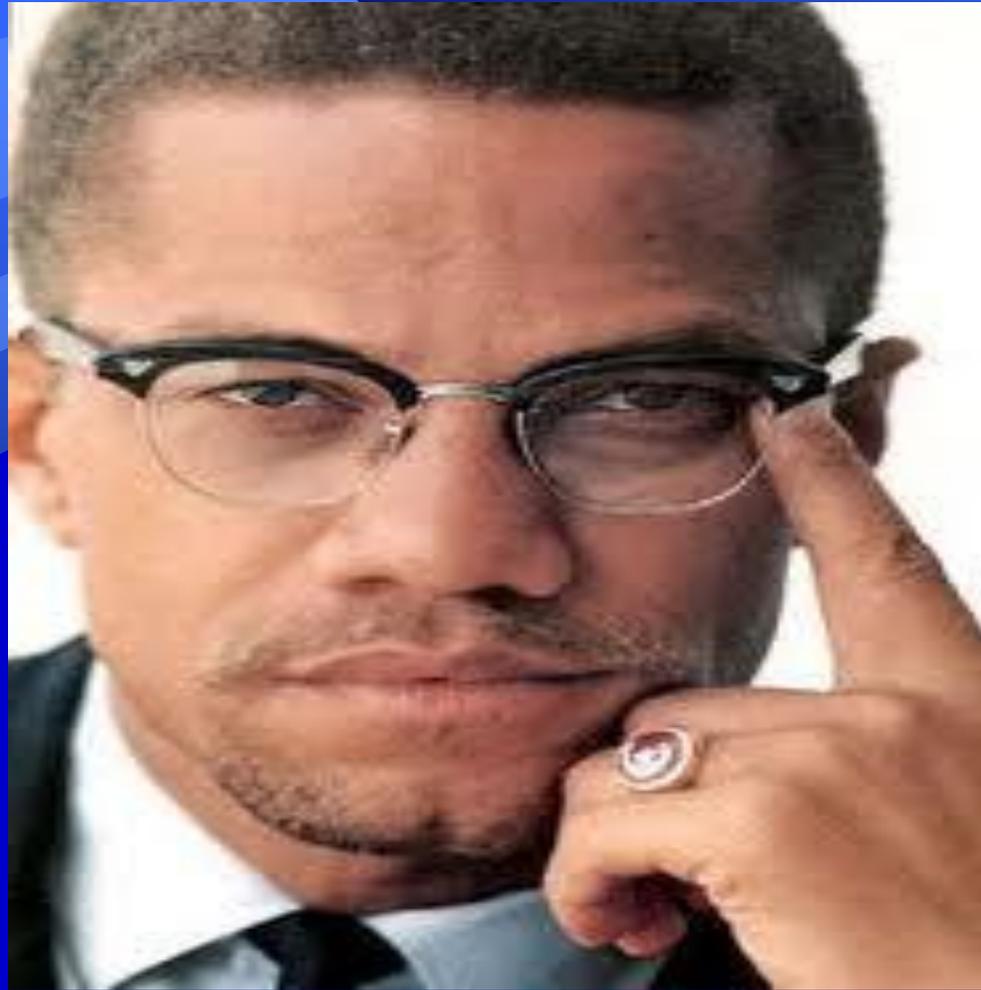
- *28 day residential treatment*
- *Recovering counselor*
- *Multi-disciplinary team*
- *Assertive linkage to AA*
- *Family week*



Father Martin



Austin Ripley



Malcolm X



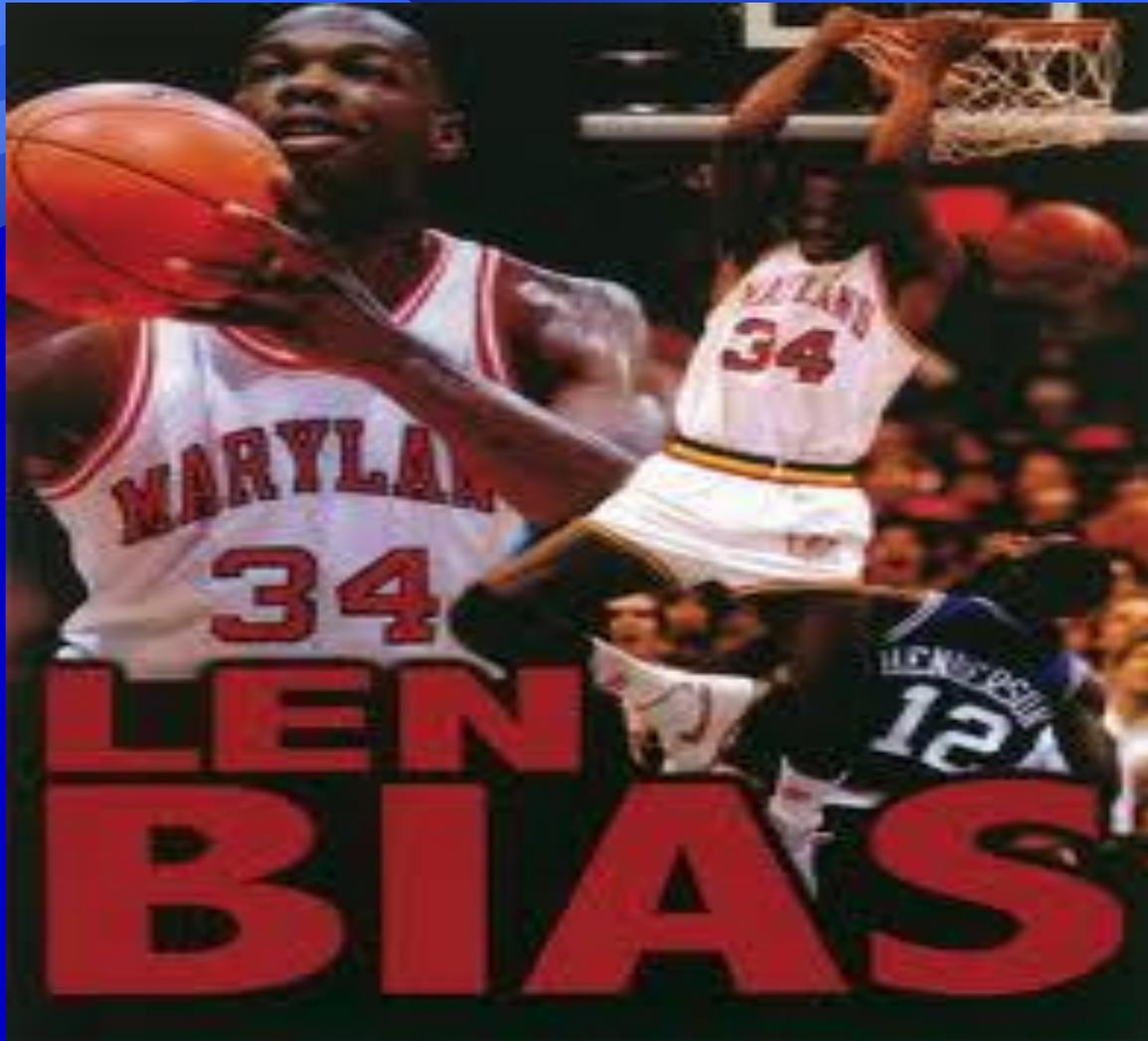
Betty Ford

The image features a dark blue background with a stylized wave on the left side, composed of horizontal stripes in various shades of blue. In the center, the year "1986" is written in a bold, italicized, yellow font.

1986



Richard Pryor



Prison Increase

1985 — *400,000 inmates*

1995 — *1 million*

2005 — *2 million*

Today — *2.5 million*



Managed Health Care

Stigmatizing Term "Crack Baby"

The Importance of Advocacy

"100 years from now historians will look back at the addictions treatment field between the years 1986-1996 when the center of addictions treatment shifted from treatment centers to prisons and the child welfare system and wonder where were the addictions counselors when that occurred?"

- William White

The background is a solid dark blue. On the left side, there are several curved, overlapping bands of lighter blue, creating a sense of depth and movement. A large, dark blue, curved shape is positioned in the center-right, partially overlapping the lighter blue bands.

*The Future of Addictions Treatment
in America*

Perils of Prediction

Most people who make predictions about the future make fools of themselves.

"I think there is market for maybe five computers."

Thomas Watson, Chairman, IBM, 1949

We will put as much energy into focusing on staff appreciation, organizational and team health as we focus on the health of our clients.

The Myth of Evidence Based Practices

"It takes five years to master an evidence based practice. Counselor annual turnover is one year to 18 months"

Annapolis Coalition

*Technology erasing millions
of jobs*

The Atlantic
July/August, 2015

"In 2013, Oxford University researchers forecast that machines might be able to perform half of U.S. jobs in the next two decades."

The Atlantic

The Youngstown Ohio Story

For much of the 20th century Youngstown's steel mills delivered such great prosperity that the city was a model of the American dream.

The Atlantic

The Youngstown Story Continued

Manufacturing shifted abroad after World War II. In 1977 Youngstown Sheet and Tube announced the closing of its Campbell Works Mill. Within 5 years the city lost 50,000 jobs and 1.3 billion in manufacturing wages.

The Atlantic

The Youngstown Story Continued

- *Depression, spousal abuse, substance abuse and suicide became more prevalent*
- *Caseloads at local addictions and mental health centers tripled*
- *The city built 4 prisons in the mid 1990's*

The Atlantic



The background features a dark blue field with a large, curved, light blue shape on the left side, resembling a stylized wave or a folded piece of paper. The word "Bankrupt" is centered in a yellow, italicized font.

Bankrupt

Flint, Michigan



Gender Shift in Wage Earner Status

- *70% of all D's and F's are received by males kindergarten through Ph.D.*
- *In the U.S. young women have higher college graduation rates than young men across all cultures*
- *For the first time in U.S. History adolescent girls out performed adolescent boys on standardized math tests.*

Source: Are We Losing a Generation?

ATTP

*The Future of Employment in
America*

STEMM

Clients Will Get Younger

(The absence of the dinner table)

*Mother Nurture: Life Lessons from
America's Best and Brightest*

by

Stephanie Hirsch

with

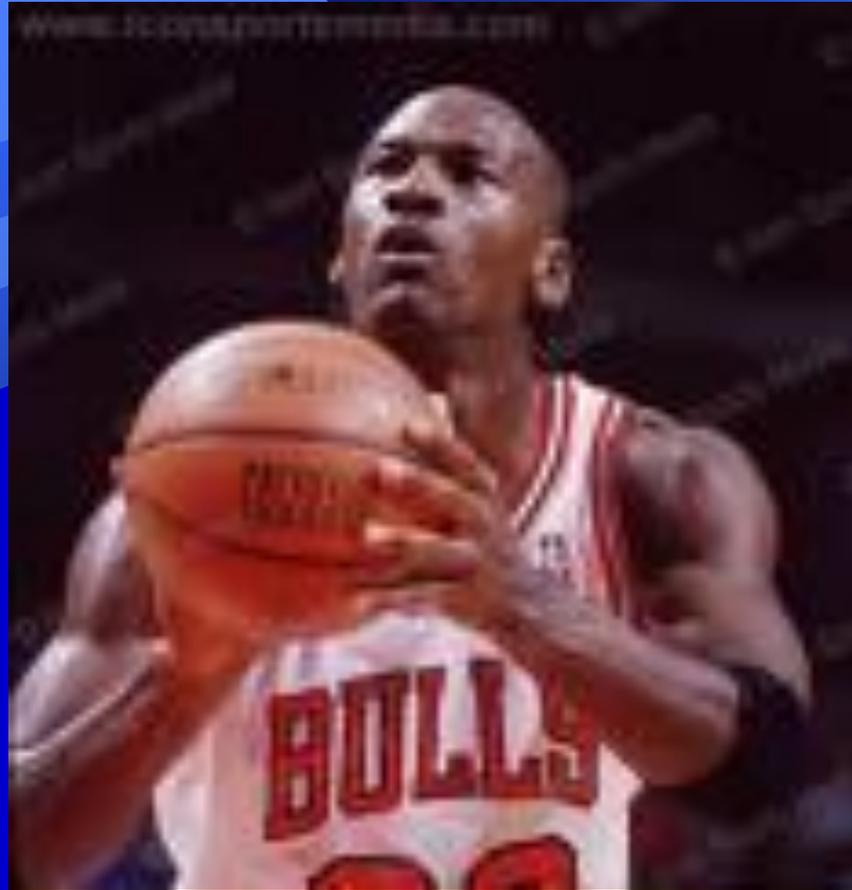
Hannah Seligson



Steven Spielberg



Beyonce



Michael Jordan



Danica Patrick



Cindy Crawford



Uma Thurman



Dr. Mae Jamison

We Will Work With Older Adults

- *Increased life expectancy will create a generation of older adults who did not need addiction services until after retirement*
- *We will develop more specialized services for emerging adults*
 - *Treatment was not developed for this age group*

*More Mental Health and
Addiction Counselors will
need to become trauma
specialists*

If we could eliminate childhood trauma, 53% of what counselors help clients with would be unnecessary.

Center for Disease Control

In the Realm of the Hungry Ghost
by
Gabor Mate, M.D.

- *Drugs don't cause addiction any more than a deck of cards causes compulsive gambling*
- *There needs to be a pre-existing vulnerability*
- *For some people, the seeds of addiction is planted years before they use*

Unresolved Trauma



Demographic and Geographic Shifts

- *50% of migration is to the United States*
- *Hispanic/Latinos are the fastest growing population in the United States*
- *Addictions professionals will need to work as consultants to whole communities*
- *Changing demographics in suburban communities*
- *Gentrification in urban areas*



*In the Future Addictions Professionals
Will Be Needed to:*

- *Address cross-cultural tension*
- *Work with clients cross culturally*
- *Advocate for needed services*

The Use of Technology in Addictions Treatment Will Increase

- *Virtual Recovery*
- *Telephonic support*
- *Text messaging*
- *Tele-health*
- *Computer based Evidence Based Practices*

We Will Focus More On Recovery Than Treatment

- *Recovery homes*
- *Recovery high schools*
- *Recovery colleges*
- *Recovery drop in centers*
- *Recovery industries*

*With all this change there will be a
need to periodically
"stop and smell the roses."*



Predicted Workforce Changes

- *Gender imbalance*
- *Special effort to recruit men as therapists similar to that seen in teaching*

Predicted Work Force Changes Continued

- *Retirement of long-tenured leaders will create opportunities for new leaders*

Funding

- *Pressure to reduce the size of non-violent prisons populations will create funding options for community based programs.*
- *State and federal budget deficits will continue to be a threat. Creating a need for non-traditional sources of funding.*

Kentucky Fried Chicken





← The Felony Frank

FELONY FRANKS® HOT DOGS

Felony Frank	"Jumbo Hot Dog"	\$3.75
Misdemeanor Weiner	"Regular Hot Dog"	\$2.35
Cell Mate Dog	"Double Dog"	\$3.45
Custody Dog	"Cheese Dog"	\$2.85
Chain Gang Chili Dog	"For Chili Lovers"	\$2.85
Pardon Polish	"Polish Sausage"	\$3.65

Mustard, grilled onions, sports peppers

All dogs are served with Fries, and choice of mustard, onions, relish, tomato, sport peppers and celery salt.

Ketchup upon request

All 1/4 lb. Burgers

PROBATION BURGERS

Hamburger	\$3.25	Double Hamburger	\$4.25
Cheeseburger	\$3.75	Bacon Cheeseburger	\$4.50
Double Cheeseburger	\$4.75	Double Bacon Cheeseburger	\$5.50
The WARDEN Special:	\$5.95		

Chopped Steak, choice of cheese, on garlic bread with grilled onions

All burgers include ketchup, onions, pickles, mustard

Choice of Cheese include American, Swiss, or Mozzarella

"The best way to predict the future is to create it."

Alan Key